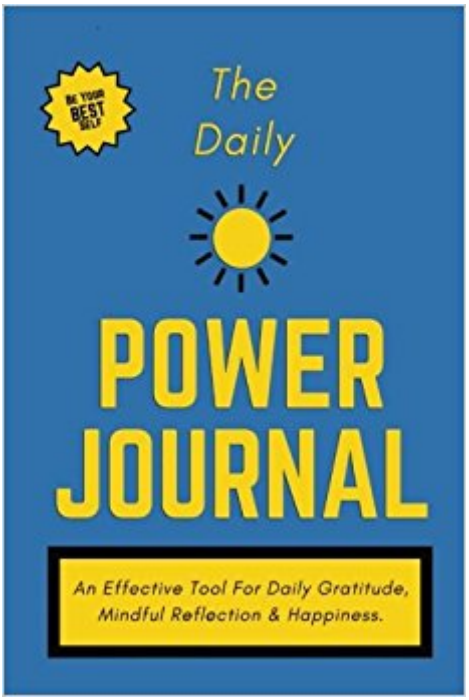
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The Daily Power Journal - Deep Blue Cover: A Powerful Tool For Personal Transformation, Productivity, Happiness & Daily Gratitude, 6" X 9" (Durable Cover)



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Synopsis

Best Selling Journal / New Edition START WHERE YOU ARE:Ã Â The Daily Power Journal is an effective daily journal tool that helps you with the the Power of Habit in Life and Business. The Prompts guide you to focus on the most important things in your life in as little as five minutes a Day. Five Minute Journal AN EFFECTIVE TOOL FOR PERSONAL GROWTH:Weather you have The focused prompts help deepen your daily mindfulness, motivation, focus, gratitude and overall emotional intelligence for organic personal transformation. Let Ã Â the simple layout Escape Ã Â for tracking your Life's JourneyÃ Â (love, work, and play).Ã Â SIMPLE TO USE JOURNAL: Ã Â Whether you work aÃ Â 4-Hour Workweek or 40, there are many benefits of Journaling. Five Minute Journal Stretching Your IQ Mindfulness Achieving Goals Greater Emotional Intelligence Boosting Memory Self-Discipline Better Communication Skills Emotional Healing Use The Power of Now!Ã Â and thrive In as little as Five Minutes daily with the Power Journal. Great Self Care Gift Or For Loved Ones (Birthdays / All Occasions) Five Minute Journal

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Average Customer Review: 5.0 out of 5 stars 1 customer review

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Customer Reviews

Ã Â Purchased this journal based on advice from a friend who is a Family Therapist. It's part gratitude journal, to do list and daily log which is great. Been using it for the past week, the fact that I can use it to track my mood and gratitude is definitely worth it. The prompts are great because I have a tendency to forget what I did during the week with so much happening and it's been great coming back to the journal as a weekly reminder.My Husband said he notices a difference in my mood since it came and overall i feel happier just being able to condense my other journals into one.

I will likely buy another one as a gift for family and co-workers.The Daily Power Journal - Deep Blue Cover: A Powerful Tool For Personal Transformation, Productivity, Happiness & Daily Gratitude, 6" X 9" (Durable Cover)

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